

# National Cross Country Championships – Perth 21/2/2004 Under 13 Boys Results

|    | <i>Name</i>          | <i>Club</i>          | <i>Time</i> |
|----|----------------------|----------------------|-------------|
| 1  | Matthew Gillespie    | Central AC           | 11:52       |
| 2  | Chris O'Hare         | City of Edinburgh    | 12:17       |
| 3  | Craig MacDonald      | Kirkintilloch Oly    | 12:33       |
| 4  | Grant Cameron        | Forres Harriers      | 12:37       |
| 5  | Kenneth Hogg         | Irvine AC            | 12:40       |
| 6  | Stuart Jamieson      | Whitemoss AAC        | 12:40       |
| 7  | Andrew Evans         | Fife AC              | 12:42       |
| 8  | Jonathan Wolf        | City of Edinburgh    | 12:42       |
| 9  | Miles Hollinshead    | Larkhall YMCA        | 12:43       |
| 10 | Jonathan Campbell    | Falkirk Victoria H   | 12:45       |
| 11 | Stephen Taggart      | Ron Hill Cambus      | 12:47       |
| 12 | Matthew Daley        | JW Kilmarnock        | 12:48       |
| 13 | David Gorman         | East Kilbride AAC    | 12:50       |
| 14 | James Joy            | Aberdeen AAC         | 12:50       |
| 15 | John Fergusson       | East Kilbride AAC    | 12:50       |
| 16 | Scott MacAulay       | Kilbarchan AAC       | 12:51       |
| 17 | Roger Poolman        | George Heriots       | 12:58       |
| 18 | Sean Reilly          | Central AC           | 12:59       |
| 19 | Tom Cahn             | Kilbarchan AAC       | 12:59       |
| 20 | Joshua Morrison      | Shetland AAC         | 13:00       |
| 21 | Ruairidh Munro       | Shettleston Harriers | 13:02       |
| 22 | Robert Inglis        | Lothian RC           | 13:04       |
| 23 | Anthony Gillespie    | Central AC           | 13:06       |
| 24 | Stuart King          | Kilbarchan AAC       | 13:06       |
| 25 | Ryan McDonald        | Irvine AC            | 13:09       |
| 26 | Gary Mitchell        | Moray Road Runners   | 13:11       |
| 27 | Matthew Graham       | Kirkintilloch Oly    | 13:11       |
| 28 | Cameron Dallas       | Kirkintilloch Oly    | 13:11       |
| 29 | Jamie Breslin        | West Dunbartonshire  | 13:15       |
| 30 | Steven Gray          | Giffnock North       | 13:19       |
| 31 | Andrew McAlpine      | Kilbarchan AAC       | 13:19       |
| 32 | Callum Hawkins       | Kilbarchan AAC       | 13:21       |
| 33 | Gary Mooney          | Larkhall YMCA        | 13:27       |
| 34 | Gary McBride         | Shettleston Harriers | 13:30       |
| 35 | Stuart McKemmie      | City of Edinburgh    | 13:32       |
| 36 | Joseph Libby         | Perth Strathtay      | 13:34       |
| 37 | Fraser Scott         | Merchiston Castle S  | 13:34       |
| 38 | Darren Lowe          | Pitreavie AAC        | 13:38       |
| 39 | Alan Bennie          | Central AC           | 13:39       |
| 40 | David Crawford       | West Dunbartonshire  | 13:39       |
| 41 | Blair Miller         | Montrose & Dist      | 13:43       |
| 42 | Conor Cowie          | Moray Road Runners   | 13:44       |
| 43 | Calum Smith          | Stornoway RC         | 13:44       |
| 44 | Alan Love            | Falkirk Victoria H   | 13:44       |
| 45 | Adam Mackenzie       | City of Edinburgh    | 13:49       |
| 46 | Ben McCullough-Young | George Heriots       | 13:50       |
| 47 | Martin Brash         | Lasswade AAC         | 13:51       |
| 48 | Adam Osbourne        | Lasswade AAC         | 13:51       |
| 49 | Iain Hardacre        | Livingston & Dist    | 13:55       |
| 50 | Michael Downie       | Arbroath & Dist      | 13:58       |
| 51 | Stephen McLaughlin   | Shettleston Harriers | 13:58       |
| 52 | Jamie Hannah         | JW Kilmarnock        | 13:58       |
| 53 | Nicholas Emsley      | Irvine AC            | 13:58       |
| 54 | Sam Galbraith        | West Dunbartonshire  | 14:00       |
| 55 | Rory Anderson        | Teviotdale Harriers  | 14:02       |
| 56 | Jack Marriot         | Ron Hill Cambus      | 14:06       |
| 57 | Fraser Mann          | City of Edinburgh    | 14:06       |
| 58 | F Morgan             | East Kilbride AAC    | 14:09       |
| 59 | Drew Dickson         | Ron Hill Cambus      | 14:11       |
| 60 | Scott Carr           | Ron Hill Cambus      | 14:13       |
| 61 | Graeme Mitchell      | Whitemoss AAC        | 14:13       |
| 62 | Mark Baxter          | Lasswade AAC         | 14:17       |

|     |                    |                      |       |
|-----|--------------------|----------------------|-------|
| 63  | Neill Hamilton     | Kirkintilloch Oly    | 14:17 |
| 64  | Murray Collier     | Irvine AC            | 14:20 |
| 65  | David Jenkins      | Dundee Hawkhill      | 14:20 |
| 66  | David Hutchison    | Central AC           | 14:22 |
| 67  | Shaun Devenney     | City of Edinburgh    | 14:22 |
| 68  | Paul Bainbridge    | Giffnock North       | 14:28 |
| 69  | Ryan McConway      | Shettleston Harriers | 14:34 |
| 70  | Michael Linden     | Pitreavie AAC        | 14:37 |
| 71  | Alasdair Forsythe  | JW Kilmarnock        | 14:37 |
| 72  | Stewart Smith      | Giffnock North       | 14:37 |
| 73  | David Meikle       | JW Kilmarnock        | 14:40 |
| 74  | Grant Plenderleith | Falkirk Victoria H   | 14:43 |
| 75  | Mark Docherty      | Kilbarchan AAC       | 14:44 |
| 76  | Ross Corbett       | Teviotdale Harriers  | 14:44 |
| 77  | Martin Paton       | Greenock Glenpark    | 14:47 |
| 78  | Andrew Clunes      | Shettleston Harriers | 14:50 |
| 79  | Andrew Simpson     | Montrose & Dist      | 14:55 |
| 80  | Gordon Gilchrist   | Airdrie Harriers     | 14:58 |
| 81  | Connor Stevenson   | Kilbarchan AAC       | 14:58 |
| 82  | James Mildred      | George Heriots       | 15:01 |
| 83  | Gordon Belch       | Giffnock North       | 15:05 |
| 84  | Liam Gibson        | Teviotdale Harriers  | 15:08 |
| 85  | Rory Scothorne     | George Heriots       | 15:08 |
| 86  | Craig Knowles      | Corstorphine AAC     | 15:11 |
| 87  | Calum McGaw        | Pitreavie AAC        | 15:14 |
| 88  | Scott Smith        | Inverclyde AC        | 15:14 |
| 89  | John Leiper        | Montrose & Dist      | 15:17 |
| 90  | Johnathan Dewar    | Falkirk Victoria H   | 15:20 |
| 91  | Dean Girvan        | Inverclyde AC        | 15:25 |
| 92  | Martin McInnes     | City of Edinburgh    | 15:36 |
| 93  | Stuart Hunter      | Pitreavie AAC        | 15:38 |
| 94  | Graeme Anderson    | Lasswade AAC         | 15:44 |
| 95  | David Clark        | JW Kilmarnock        | 15:49 |
| 96  | Kyle Hamilton      | Perth Strathtay      | 15:49 |
| 97  | Adam Reid          | Dundee Hawkhill      | 15:56 |
| 98  | Conor Fairley      | Airdrie Harriers     | 16:21 |
| 99  | D McCafferty       | Greenock Glenpark    | 16:27 |
| 100 | Benedict Murray    | Montrose & Dist      | 16:39 |
| 101 | Benjamin Mildred   | George Heriots       | 16:48 |
| 102 | Kyle Randalls      | Falkirk Victoria H   | 16:57 |
| 103 | Jamie King         | Giffnock North       | 17:16 |
| 104 | Robert Campbell    | Inverclyde AC        | 17:25 |
| 105 | Laurie Black       | George Heriots       | 17:27 |
| 106 | Joshua Yates       | George Heriots       | 20:03 |

## Teams

|    | <i>Club</i>          | <i>Positions</i> |    |    |     | <i>Total</i> |
|----|----------------------|------------------|----|----|-----|--------------|
| 1  | Central AC           | 1                | 18 | 23 | 39  | 81           |
| 2  | Kilbarchan AAC       | 16               | 19 | 24 | 31  | 90           |
| 3  | City of Edinburgh    | 2                | 8  | 35 | 45  | 90           |
| 4  | Kirkintilloch Oly    | 3                | 27 | 28 | 63  | 121          |
| 5  | Irvine AC            | 5                | 25 | 53 | 64  | 147          |
| 6  | Shettleston Harriers | 21               | 34 | 51 | 69  | 175          |
| 7  | Ron Hill Cambus      | 11               | 56 | 59 | 60  | 186          |
| 8  | JW Kilmarnock        | 12               | 52 | 71 | 73  | 208          |
| 9  | Falkirk Victoria H   | 10               | 44 | 74 | 90  | 218          |
| 10 | George Heriots       | 17               | 46 | 82 | 85  | 230          |
| 11 | Lasswade AAC         | 47               | 48 | 62 | 94  | 251          |
| 12 | Giffnock North       | 30               | 68 | 72 | 83  | 253          |
| 13 | Pitreavie AAC        | 38               | 70 | 87 | 93  | 288          |
| 14 | Montrose & Dist      | 41               | 79 | 89 | 100 | 309          |

## National Cross Country Championships – Perth 21/2/2004 Under 13 Girls Results

|    | <i>Name</i>         | <i>Club</i>          | <i>Time</i> |
|----|---------------------|----------------------|-------------|
| 1  | Lauren Mackin       | Giffnock North       | 12:58       |
| 2  | Eilish McColgan     | Dundee Hawkhill      | 13:13       |
| 3  | Laura Cameron       | City of Glasgow      | 13:17       |
| 4  | Laura McCord        | Whitemoss AAC        | 13:21       |
| 5  | Josephine Moultrie  | City of Glasgow      | 13:30       |
| 6  | Beth Duff           | East Kilbride AAC    | 13:34       |
| 7  | Sarah Inglis        | Lothian RC           | 13:42       |
| 8  | Nicole McLeod       | Giffnock North       | 13:45       |
| 9  | Stephanie Cameron   | City of Glasgow      | 13:53       |
| 10 | Chirstie Noble      | Aberdeen AAC         | 13:57       |
| 11 | Laura Sharp         | Moray Road Runners   | 13:57       |
| 12 | Stacey Louch        | Pitreavie AAC        | 13:58       |
| 13 | Alice Loudon        | Edinburgh Southern H | 14:08       |
| 14 | Rachel McDowall     | Giffnock North       | 14:11       |
| 15 | Alison Howie        | Giffnock North       | 14:13       |
| 16 | Naomi Smith         | Nithsdale AC         | 14:14       |
| 17 | Kerry Hall          | Edinburgh Southern H | 14:15       |
| 18 | Fiona Bracegirdle   | Fife AC              | 14:18       |
| 19 | Megan McConnell     | Falkirk Victoria H   | 14:19       |
| 20 | Chantel Clark       | Aberdeen AAC         | 14:23       |
| 21 | Joanna Thomson      | Giffnock North       | 14:27       |
| 22 | Sarah Archibald     | Larkhall YMCA        | 14:31       |
| 23 | Jayde Hamilton      | Falkirk Victoria H   | 14:34       |
| 24 | Anna Seago          | Edinburgh Southern H | 14:35       |
| 25 | Paula Donnelly      | City of Glasgow      | 14:36       |
| 26 | Jodie Frame         | Larkhall YMCA        | 14:36       |
| 27 | Anna Hilley         | Giffnock North       | 14:38       |
| 28 | Jordan MacKenzie    | Kilbarchan AAC       | 14:39       |
| 29 | Mhairi Hunter       | City of Edinburgh    | 14:43       |
| 30 | Emma Todd           | Fife AC              | 14:48       |
| 31 | Mhairi Inglis       | Lothian RC           | 14:52       |
| 32 | Jenny Tan           | Fife AC              | 14:54       |
| 33 | Emily Pollock       | Greenock Glenpark    | 14:58       |
| 34 | Jaymee McConville   | Giffnock North       | 14:58       |
| 35 | Amy Milliken        | JW Kilmarnock        | 14:58       |
| 36 | Suzi McGougan       | Falkirk Victoria H   | 15:00       |
| 37 | Julie Connelly      | Kirkintilloch Oly    | 15:01       |
| 38 | Kirsty Wilson       | Kilbarchan AAC       | 15:06       |
| 39 | Sophia Ruiz-Beltran | Falkirk Victoria H   | 15:08       |
| 40 | Nicole Bunyan       | Arran Runners        | 15:14       |
| 41 | Erin Froude         | Lasswade AAC         | 15:15       |
| 42 | Beth Greenhill      | Edinburgh Southern H | 15:17       |
| 43 | Laura Baird         | Clydesdale Harriers  | 15:21       |
| 44 | Levi Young          | Pitreavie AAC        | 15:22       |
| 45 | Laura Mangan        | City of Glasgow      | 15:23       |
| 46 | Emma Gordon         | Lasswade AAC         | 15:25       |
| 47 | Lucinda Logan       | City of Glasgow      | 15:28       |
| 48 | Sammi Coyle         | Inverclyde AC        | 15:28       |
| 49 | Natalie Sharp       | Kilbarchan AAC       | 15:30       |
| 50 | Harriet Mcrae       | Aberdeen AAC         | 15:31       |
| 51 | Jennifer Rogers     | Livingston & Dist    | 15:33       |
| 52 | Sarah Ross          | Pitreavie AAC        | 15:36       |
| 53 | Louise Kernaghan    | Falkirk Victoria H   | 15:41       |
| 54 | Martha Aitken       | Carnethy HRC         | 15:43       |

|    |                    |                    |       |
|----|--------------------|--------------------|-------|
| 55 | Tanya Marshall     | Linlithgow AAC     | 15:43 |
| 56 | Amanda Gebby       | Ron Hill Cambus    | 15:54 |
| 57 | Lauren Young       | Kilbarchan AAC     | 16:00 |
| 58 | Ainsley Black      | Inverclyde AC      | 16:00 |
| 59 | Sarah Munn         | Irvine AC          | 16:04 |
| 60 | Caitlin Froude     | Lasswade AAC       | 16:05 |
| 61 | Caitlin Wilson     | Corstorphine AAC   | 16:05 |
| 62 | Katie Pollock      | Greenock Glenpark  | 16:08 |
| 63 | Julie Duffy        | Falkirk Victoria H | 16:11 |
| 64 | Shelby Hollas      | JW Kilmarnock      | 16:13 |
| 65 | Mairi Grewar       | Montrose & Dist    | 16:18 |
| 66 | Jayne MacIver      | Stornoway RC       | 16:24 |
| 67 | Chloe Davidson     | Ron Hill Cambus    | 16:25 |
| 68 | Gemma Dolan        | Dundee Hawkhill    | 16:35 |
| 69 | Jennifer Bradshaw  | Linlithgow AAC     | 16:41 |
| 70 | Lorna Lamont       | Kilbarchan AAC     | 16:45 |
| 71 | Emma Cottom        | Lothian RC         | 16:52 |
| 72 | Laura Baxter       | Lasswade AAC       | 17:00 |
| 73 | Claire McCluskey   | Giffnock North     | 17:15 |
| 74 | Kirsty Munro       | Stornoway RC       | 17:17 |
| 75 | Fiona Parkin       | Law & District     | 17:18 |
| 76 | Donna Simpson      | Arbroath & Dist    | 17:50 |
| 77 | Vicky Cooper       | Helensburgh AAC    | 17:51 |
| 78 | Dannielle Melville | Ron Hill Cambus    | 17:59 |
| 79 | Emma Clarkson      | Law & District     | 18:07 |
| 80 | Karina Murray      | Stornoway RC       | 18:48 |
| 81 | Mairi Cameron      | Victoria Park AAC  | 21:11 |

### Teams

|                               | <i>Pos</i>  | <i>Name</i>        | <i>Time</i> |
|-------------------------------|-------------|--------------------|-------------|
| 1st Giffnock North (38)       | 1           | Lauren Mackin      | 12:58       |
|                               | 8           | Nicole McLeod      | 13:45       |
|                               | 14          | Rachel McDowall    | 14:11       |
|                               | 15          | Alison Howie       | 14:13       |
| 2nd City of Glasgow (42)      | 3           | Laura Cameron      | 13:17       |
|                               | 5           | Josephine Moultrie | 13:30       |
|                               | 9           | Stephanie Cameron  | 13:53       |
|                               | 25          | Paula Donnelly     | 14:36       |
| 3rd Edinburgh Southern H (96) | 13          | Alice Loudon       | 14:08       |
|                               | 17          | Kerry Hall         | 14:15       |
|                               | 24          | Anna Seago         | 14:35       |
|                               | 42          | Beth Greenhill     | 15:17       |
| 4th Falkirk Victoria H (117)  | 19,23,36,39 |                    |             |
| 5th Kilbarchan AAC (172)      | 28,38,49,57 |                    |             |
| 6th Lasswade AAC (219)        | 41,46,60,72 |                    |             |

# National Cross Country Championships – Perth 21/2/2004 Under 15 Boys Results

|    | <i>Name</i>           | <i>Club</i>          | <i>Time</i> |
|----|-----------------------|----------------------|-------------|
| 1  | Derek Hawkins         | Kilbarchan AAC       | 11:54       |
| 2  | Craig McInnes         | City of Edinburgh    | 12:05       |
| 3  | Scott Hawkins         | Kilbarchan AAC       | 12:15       |
| 4  | Christopher McGarrity | Shettleston Harriers | 12:21       |
| 5  | Michael Gillespie     | Central AC           | 12:24       |
| 6  | Alex Thoires          | Aberdeen AAC         | 12:28       |
| 7  | John Cooke            | Greenock Glenpark    | 12:35       |
| 8  | Mark Haskett          | Aberdeen AAC         | 12:39       |
| 9  | Graham Scobie         | George Heriots       | 12:43       |
| 10 | Calum McKenzie        | Corstorphine AAC     | 12:45       |
| 11 | Darren Steel          | City of Edinburgh    | 12:46       |
| 12 | Stephen McGoldrick    | Kilbarchan AAC       | 12:49       |
| 13 | Ryan Dickson          | Ron Hill Cambus      | 12:51       |
| 14 | Stephen Cooke         | Greenock Glenpark    | 12:53       |
| 15 | Raymond Black         | Ron Hill Cambus      | 12:53       |
| 16 | Daniel Swanson        | Irvine AC            | 12:53       |
| 17 | Matthew Turner        | Mid Argyll AC        | 12:56       |
| 18 | Andrew G Gibson       | Kilbarchan AAC       | 12:58       |
| 19 | Douglas Newsom        | Pitreavie AAC        | 12:58       |
| 20 | David Robertson       | Whitemoss AAC        | 13:01       |
| 21 | James Taylor          | Aberdeen AAC         | 13:01       |
| 22 | Gary Downie           | Kilbarchan AAC       | 13:04       |
| 23 | William Morgan        | Irvine AC            | 13:07       |
| 24 | William Robertson     | Calderglen H         | 13:09       |
| 25 | Alan Ramsay           | Kirkintilloch Oly    | 13:10       |
| 26 | Paul Benham           | Lasswade AAC         | 13:11       |
| 27 | Gary Grieve           | Law & District       | 13:13       |
| 28 | Craig Angus           | Dundee Hawkhill      | 13:15       |
| 29 | Ian Towle             | Montrose & Dist      | 13:15       |
| 30 | Richard Crighton      | Aberdeen AAC         | 13:17       |
| 31 | Mark McKelvie         | Shettleston Harriers | 13:19       |
| 32 | Craig Young           | Clydesdale Harriers  | 13:25       |
| 33 | Ian Francis MacDonald | North Uist AAC       | 13:26       |
| 34 | C Carr                | Ron Hill Cambus      | 13:27       |
| 35 | Niall Walker          | East Kilbride AAC    | 13:30       |
| 36 | Joshua Rettie         | Helensburgh AAC      | 13:33       |
| 37 | Colin McCluskie       | Linlithgow AAC       | 13:35       |
| 38 | David McGregor        | Dundee Hawkhill      | 13:35       |
| 39 | Steven Houston        | Moray Road Runners   | 13:35       |
| 40 | Ewan Glassey          | Dundee Hawkhill      | 13:35       |
| 41 | Stuart Whiteford      | Giffnock North       | 13:40       |
| 42 | Kenneth Wilson        | Moray Road Runners   | 13:41       |
| 43 | Paul McGarry          | Ron Hill Cambus      | 13:47       |
| 44 | Michael McLoone       | Greenock Glenpark    | 13:49       |
| 45 | Michael Taylor        | Montrose & Dist      | 13:51       |
| 46 | Nicholas Hobday       | Montrose & Dist      | 13:53       |
| 47 | Andrew Brookes        | Dundee Hawkhill      | 13:58       |
| 48 | Ian Whiteford         | Giffnock North       | 13:59       |
| 49 | Finlay Moffat         | City of Edinburgh    | 13:59       |
| 50 | Paul Leck             | Kilbarchan AAC       | 14:01       |
| 51 | Kristofer McMeekin    | Shettleston Harriers | 14:03       |
| 52 | Kieran McCluskey      | Giffnock North       | 14:05       |
| 53 | Rory Downie           | George Heriots       | 14:05       |
| 54 | David Elliott         | Greenock Glenpark    | 14:08       |
| 55 | C Milton              | Merchiston Castle S  | 14:08       |
| 56 | Christopher Hardwick  | Arbroath & Dist      | 14:13       |
| 57 | Andrew Jack           | Lasswade AAC         | 14:18       |
| 58 | Gavin Brady           | Teviotdale Harriers  | 14:20       |

|    |                  |                     |       |
|----|------------------|---------------------|-------|
| 59 | Iain Dunbar      | Dundee Hawkhill     | 14:20 |
| 60 | Craig Williams   | Greenock Glenpark   | 14:20 |
| 61 | Benjamin Mellish | Dundee Hawkhill     | 14:23 |
| 62 | Marcus Thomson   | City of Edinburgh   | 14:23 |
| 63 | Stewart Johnson  | North Uist AAC      | 14:25 |
| 64 | Hugh Brechin     | George Heriots      | 14:31 |
| 65 | Jamie Cuffe      | Greenock Glenpark   | 14:35 |
| 66 | David Thomson    | Ron Hill Cambus     | 14:36 |
| 67 | Jamie Clements   | East Kilbride AAC   | 14:36 |
| 68 | David Walker     | Giffnock North      | 14:48 |
| 69 | Andrew Robertson | Ron Hill Cambus     | 14:48 |
| 70 | James Keenan     | Stornoway RC        | 14:50 |
| 71 | Mark Ibbotson    | Aberdeen AAC        | 14:50 |
| 72 | Jamie Thomson    | Aberdeen AAC        | 15:01 |
| 73 | William Word     | Ron Hill Cambus     | 15:04 |
| 74 | Chris Zhou       | Giffnock North      | 15:07 |
| 75 | Stewart Fraser   | Teviotdale Harriers | 15:07 |
| 76 | Kevin Cornes     | Kirkintilloch Oly   | 15:12 |
| 77 | Paul Ferguson    | North Uist AAC      | 15:12 |
| 78 | Neal Robb        | Corstorphine AAC    | 15:15 |
| 79 | David Fairley    | Airdrie Harriers    | 15:35 |
| 80 | David Anderson   | Montrose & Dist     | 15:35 |
| 81 | Jonathon Neville | George Heriots      | 15:43 |
| 82 | Jordon Thomson   | Lasswade AAC        | 15:51 |
| 83 | Ruairidh Stewart | North Uist AAC      | 16:03 |
| 84 | Graeme Robertson | Calderglen H        | 16:03 |
| 85 | Graham Dickson   | George Heriots      | 16:23 |
| 86 | Scott Anderson   | Lasswade AAC        | 16:30 |
| 87 | Iain Townsend    | North Uist AAC      | 16:34 |
| 88 | Nicholas Gunn    | George Heriots      | 16:56 |
| 89 | Jamie Martin     | JW Kilmarnock       | 17:00 |
| 90 | Stuart Munro     | JW Kilmarnock       | 17:28 |

## Teams

|                             | <i>Pos</i>  | <i>Name</i>        | <i>Time</i> |
|-----------------------------|-------------|--------------------|-------------|
| 1st Kilbarchan AAC (34)     | 1           | Derek Hawkins      | 11:54       |
|                             | 3           | Scott Hawkins      | 12:15       |
|                             | 12          | Stephen McGoldrick | 12:49       |
|                             | 18          | Andrew G Gibson    | 12:58       |
| 2nd Aberdeen AAC (65)       | 6           | Alex Thoires       | 12:28       |
|                             | 8           | Mark Haskett       | 12:39       |
|                             | 21          | James Taylor       | 13:01       |
|                             | 30          | Richard Crighton   | 13:17       |
| 3rd Ron Hill Cambus (105)   | 13          | Ryan Dickson       | 12:51       |
|                             | 15          | Raymond Black      | 12:53       |
|                             | 34          | C Carr             | 13:27       |
|                             | 43          | Paul McGarry       | 13:47       |
| 4th Greenock Glenpark (119) | 7,14,44,54  |                    |             |
| 5th City of Edinburgh (124) | 2,11,49,62  |                    |             |
| 6th Dundee Hawkhill (153)   | 28,38,40,47 |                    |             |
| 7th Montrose & Dist (200)   | 29,45,46,80 |                    |             |
| 8th George Heriots (207)    | 9,53,64,81  |                    |             |
| 9th Giffnock North (209)    | 41,48,52,68 |                    |             |
| 10th Lasswade AAC (251)     | 26,57,82,86 |                    |             |
| 11th North Uist AAC (256)   | 33,63,77,83 |                    |             |

# National Cross Country Championships – Perth 21/2/2004 Under 15 Girls Results

|    | <i>Name</i>        | <i>Club</i>          | <i>Time</i> |
|----|--------------------|----------------------|-------------|
| 1  | Ashleigh Murray    | Pitreavie AAC        | 13:08       |
| 2  | Eilidh Menzies     | Kilbarchan AAC       | 13:44       |
| 3  | Rebecca Finch      | City of Glasgow      | 13:53       |
| 4  | Jemma Toner        | Lothian RC           | 14:21       |
| 5  | Eilidh MacKenzie   | Stornoway RC         | 14:22       |
| 6  | Siobhan Coleman    | Pitreavie AAC        | 14:23       |
| 7  | Elizabeth MacLeish | Dundee Hawkhill      | 14:25       |
| 8  | Julie Whyteside    | Whitemoss AAC        | 14:34       |
| 9  | Nicola Hood        | Nithsdale AC         | 14:35       |
| 10 | Louise Leadbetter  | City of Glasgow      | 14:38       |
| 11 | Catriona Sinclair  | Edinburgh Southern H | 14:38       |
| 12 | Jennifer Kibble    | Fife AC              | 14:38       |
| 13 | Jennifer Conway    | Giffnock North       | 14:40       |
| 14 | Megan Smith        | Corstorphine AAC     | 14:43       |
| 15 | Sarah Phee         | Giffnock North       | 14:50       |
| 16 | Laura Taylor       | Giffnock North       | 14:57       |
| 17 | Roslyn Campbell    | Edinburgh Southern H | 15:03       |
| 18 | Alexandra Benham   | Lasswade AAC         | 15:08       |
| 19 | Laura Dunn         | Edinburgh Southern H | 15:10       |
| 20 | Jillian Allan      | Kilbarchan AAC       | 15:15       |
| 21 | Laura Hepburn      | Aberdeen AAC         | 15:26       |
| 22 | Carly Hall         | Dundee Hawkhill      | 15:27       |
| 23 | Tessa Birley       | Edinburgh Southern H | 15:29       |
| 24 | Katie McGregor     | Edinburgh Southern H | 15:31       |
| 25 | Laura Connelly     | Giffnock North       | 15:36       |
| 26 | Kirsty Reid        | Kilbarchan AAC       | 15:37       |
| 27 | Helen Sweeney      | City of Glasgow      | 15:43       |
| 28 | Charlotte McShane  | Helensburgh AAC      | 15:48       |
| 29 | Kimberley Roy      | Greenock Glenpark    | 15:52       |
| 30 | Anna Fleming       | Aberdeen AAC         | 15:55       |
| 31 | Megan Cuthbertson  | Victoria Park AAC    | 15:57       |
| 32 | Kimberley Scott    | Law & District       | 16:02       |
| 33 | Iona Campbell      | West Dunbartonshire  | 16:11       |
| 34 | Hazel Blair        | Kilbarchan AAC       | 16:13       |
| 35 | Rebecca Burns      | Pitreavie AAC        | 16:14       |
| 36 | Erin Campbell      | Ron Hill Cambus      | 16:18       |
| 37 | Hilary Armitage    | Aberdeen AAC         | 16:22       |
| 38 | Lauren Collier     | Irvine AC            | 16:23       |
| 39 | Susanna Spence     | Inverclyde AC        | 16:27       |
| 40 | Lauren Mellish     | Dundee Hawkhill      | 16:31       |
| 41 | Megan Phillips     | City of Glasgow      | 16:36       |
| 42 | Ailsa Turnbull     | Pitreavie AAC        | 16:43       |
| 43 | Ruth Stephen       | Aberdeen AAC         | 16:46       |
| 44 | Ruth Joss          | Giffnock North       | 16:48       |
| 45 | Laura Kennedy      | Kilbarchan AAC       | 16:52       |
| 46 | Eliza Grant        | Victoria Park AAC    | 16:58       |
| 47 | Joanne Macpherson  | Giffnock North       | 16:59       |
| 48 | Lorna Miller       | Edinburgh Southern H | 17:01       |
| 49 | Danielle Barr      | Falkirk Victoria H   | 17:13       |
| 50 | Laura Nixon        | Irvine AC            | 17:16       |
| 51 | Rachel Pirie       | Forres Harriers      | 17:19       |
| 52 | Rebecca Edge       | Irvine AC            | 17:25       |
| 53 | Kirsty McCulloch   | JW Kilmarnock        | 17:26       |
| 54 | Sarah MacLennan    | Kirkintilloch Oly    | 17:29       |
| 55 | Colleen Tait       | JW Kilmarnock        | 17:30       |
| 56 | Zoe Martinelli     | East Kilbride AAC    | 18:03       |
| 57 | Rebecca Lawrie     | Helensburgh AAC      | 18:09       |
| 58 | Ashley Alexander   | Lasswade AAC         | 19:02       |

|    |                  |            |       |
|----|------------------|------------|-------|
| 59 | Kathleen Dempsey | Lothian RC | 20:07 |
|----|------------------|------------|-------|

## Teams

|                               | <i>Pos</i>  | <i>Name</i>       | <i>Time</i> |
|-------------------------------|-------------|-------------------|-------------|
| 1st Giffnock North (69)       | 13          | Jennifer Conway   | 14:40       |
|                               | 15          | Sarah Phee        | 14:50       |
|                               | 16          | Laura Taylor      | 14:57       |
|                               | 25          | Laura Connelly    | 15:36       |
| 2nd Edinburgh Southern H (70) | 11          | Catriona Sinclair | 14:38       |
|                               | 17          | Roslyn Campbell   | 15:03       |
|                               | 19          | Laura Dunn        | 15:10       |
|                               | 23          | Tessa Birley      | 15:29       |
| 3rd City of Glasgow (81)      | 3           | Rebecca Finch     | 13:53       |
|                               | 10          | Louise Leadbetter | 14:38       |
|                               | 27          | Helen Sweeney     | 15:43       |
|                               | 41          | Megan Phillips    | 16:36       |
| 4th Kilbarchan AAC (82)       | 2,20,26,34  |                   |             |
| 5th Pitreavie AAC (84)        | 1,6,35,42   |                   |             |
| 6th Aberdeen AAC (131)        | 21,30,37,43 |                   |             |

## National Cross Country Championships – Perth 21/2/2004 Under 20 Men Results

|    | <i>Name</i>         | <i>Club</i>        | <i>Time</i> |
|----|---------------------|--------------------|-------------|
| 1  | John Newsom         | Pitreavie AAC      | 23:37       |
| 2  | Kris Berry          | Corstorphine AAC   | 23:51       |
| 3  | Alastair Hay        | Central AC         | 24:00       |
| 4  | Alan Wales          | Aberdeen AAC       | 24:36       |
| 5  | James McMullen      | Edinburgh Uni      | 24:42       |
| 6  | Ben Wiffen          | Fife AC            | 24:44       |
| 7  | Ian Munro           | Ron Hill Cambus    | 24:44       |
| 8  | Iain Donnan         | Aberdeen AAC       | 24:47       |
| 9  | Graham Bee          | Fife AC            | 24:48       |
| 10 | Quentin Reeve       | Fife AC            | 24:51       |
| 11 | Taylor Delhagen     | Edinburgh Uni      | 24:52       |
| 12 | Darren Malin        | Giffnock North     | 25:13       |
| 13 | Jasmair Pal         | Ron Hill Cambus    | 25:19       |
| 14 | Mark Kennedy        | Aberdeen AAC       | 25:25       |
| 15 | Oleg Chepelin       | Edinburgh Uni      | 25:27       |
| 16 | Steven Lawley       | Law & District     | 25:32       |
| 17 | Kyle Greig          | Forres Harriers    | 25:32       |
| 18 | David Butcher       | Greenock Glenpark  | 25:35       |
| 19 | Scott Pilkington    | Corstorphine AAC   | 25:39       |
| 20 | Calum Morrison      | Kilbarchan AAC     | 25:40       |
| 21 | Andrew Clark        | Moray Road Runners | 25:50       |
| 22 | Alistair Campbell   | Ron Hill Cambus    | 26:12       |
| 23 | Alasdair H. Stewart | Falkirk Victoria H | 26:19       |
| 24 | Adam Watt           | Aberdeen AAC       | 26:30       |
| 25 | Jonathan Walker     | Ron Hill Cambus    | 26:43       |
| 26 | Sean Hardwick       | Arbroath & Dist    | 26:51       |
| 27 | Andrew Carachi      | Ron Hill Cambus    | 27:01       |
| 28 | Lewis Millar        | Central AC         | 27:07       |
| 29 | Jamie McMorrow      | Law & District     | 27:09       |
| 30 | Steven Milligan     | Giffnock North     | 27:16       |
| 31 | John Lenehan        | Metro Aberdeen     | 27:26       |

|    |                    |                 |       |
|----|--------------------|-----------------|-------|
| 32 | Thomas Grant       | Law & District  | 27:38 |
| 33 | Edmund Halliwell   | Fife AC         | 27:41 |
| 34 | Jonathan Henderson | Edinburgh Uni   | 27:43 |
| 35 | Stewart McAllister | JW Kilmarnock   | 27:45 |
| 36 | Richard Turner     | Edinburgh Uni   | 28:07 |
| 37 | Stuart Griffin     | Law & District  | 28:20 |
| 38 | Matthew Murphy     | Ron Hill Cambus | 28:32 |
| 39 | Patrick McVey      | Giffnock North  | 29:43 |
| 40 | Andrew Steven      | Ron Hill Cambus | 32:51 |

### Teams

|                          | <i>Pos</i>  | <i>Name</i>        | <i>Time</i> |
|--------------------------|-------------|--------------------|-------------|
| 1st Aberdeen AAC (50)    | 4           | Alan Wales         | 24:36       |
|                          | 8           | Iain Donnan        | 24:47       |
|                          | 14          | Mark Kennedy       | 25:25       |
|                          | 24          | Adam Watt          | 26:30       |
| 2nd Fife AC (58)         | 6           | Ben Wiffen         | 24:44       |
|                          | 9           | Graham Bee         | 24:48       |
|                          | 10          | Quentin Reeve      | 24:51       |
|                          | 33          | Edmund Halliwell   | 27:41       |
| 3rd Edinburgh Uni (65)   | 5           | James McMullen     | 24:42       |
|                          | 11          | Taylor Delhagen    | 24:52       |
|                          | 15          | Oleg Chepelin      | 25:27       |
|                          | 34          | Jonathan Henderson | 27:43       |
| 4th Ron Hill Cambus (67) | 7,13,22,25  |                    |             |
| 5th Law & District (114) | 16,29,32,37 |                    |             |

## National Cross Country Championships – Perth 21/2/2004 Senior Women Team Results

|    | <i>Club</i>          | <i>Positions</i> |    |     | <i>Total</i> |
|----|----------------------|------------------|----|-----|--------------|
| 1  | Carnethy HRC         | 3                | 8  | 10  | 21           |
| 2  | City of Glasgow      | 9                | 13 | 17  | 39           |
| 3  | Kilbarchan AAC       | 4                | 20 | 29  | 53           |
| 4  | Central AC           | 11               | 18 | 39  | 68           |
| 5  | Edinburgh Southern H | 6                | 12 | 54  | 72           |
| 6  | Hunters Bog T        | 7                | 30 | 38  | 75           |
| 7  | City of Edinburgh    | 26               | 28 | 37  | 91           |
| 8  | Gala Harriers        | 24               | 41 | 55  | 120          |
| 9  | Falkirk Victoria H   | 27               | 32 | 71  | 130          |
| 10 | EZ Carnegie          | 43               | 46 | 64  | 153          |
| 11 | Lothian RC           | 33               | 65 | 86  | 184          |
| 12 | Perth Road Runners   | 34               | 76 | 83  | 193          |
| 13 | Garscube H           | 57               | 60 | 102 | 219          |
| 14 | JW Kilmarnock        | 59               | 77 | 84  | 220          |
| 15 | Dundee Road R        | 50               | 79 | 92  | 221          |
| 16 | Calderglen H         | 66               | 75 | 104 | 245          |

## National Cross Country Championships – Perth 21/2/2004 Senior Women Results

|    | <i>Name</i>        | <i>Club</i>           | <i>Time</i> |     |                   |                      |       |
|----|--------------------|-----------------------|-------------|-----|-------------------|----------------------|-------|
|    |                    |                       |             | 55  | Laura Howie       | Gala Harriers        | 31:55 |
| 1  | Liz McColgan       | Dundee Hawkhill       | 25:56       | 56  | Judith Turner     | Pitreavie AAC        | 32:04 |
| 2  | Catriona Morrison  | Stirling Univ AC      | 26:44       | 57  | Lesley Chapman    | Garscube H           | 32:08 |
| 3  | Angela Mudge       | Carnethy HRC          | 27:05       | 58  | Jane Rosbottom    | Hunters Bog T        | 32:09 |
| 4  | Jill Shannon       | Kilbarchan AAC        | 27:14       | 59  | Janet Murray      | JW Kilmarnock        | 32:12 |
| 5  | Ellen Leggate      | Fife (Ind)            | 27:26       | 60  | Heather Akers     | Garscube H           | 32:18 |
| 6  | Susan Ridley       | Edinburgh Southern H  | 27:27       | 61  | Michelle Jeffrey  | Hunters Bog T        | 32:20 |
| 7  | Megan Clark        | Hunters Bog T         | 27:32       | 62  | Margaret McLaren  | Fife AC              | 32:25 |
| 8  | Lyn Wilson         | Carnethy HRC          | 27:37       | 63  | Anne Rosbottom    | Hunters Bog T        | 32:35 |
| 9  | Jill Knowles       | City of Glasgow       | 27:45       | 64  | Nicola May        | EZ Carnegie          | 32:41 |
| 10 | Tracey Brindley    | Carnethy HRC          | 27:48       | 65  | Kate Kitchin      | Lothian RC           | 32:46 |
| 11 | Toni McIntosh      | Central AC            | 28:04       | 66  | Catriona Kerr     | Calderglen H         | 32:46 |
| 12 | Vicky Frew         | Edinburgh Southern H  | 28:05       | 67  | Lynne Bennet      | EZ Carnegie          | 32:49 |
| 13 | Pamela Nicholson   | City of Glasgow       | 28:06       | 68  | Sue McDowell      | Livingston & Dist    | 32:59 |
| 14 | Deborah Ferns      | Bellahouston RR       | 28:31       | 69  | Deborah McDonald  | Hunters Bog T        | 33:01 |
| 15 | Jill Tait          | Carnethy HRC          | 28:39       | 70  | Aileen Scott      | Clydesdale Harriers  | 33:05 |
| 16 | Janet Laing        | Portobello RC         | 28:42       | 71  | Caroline Lawless  | Falkirk Victoria H   | 33:07 |
| 17 | Audrey McMillan    | City of Glasgow       | 28:50       | 72  | Eileen Nicol      | Gala Harriers        | 33:27 |
| 18 | Hazel Dean         | Central AC            | 28:52       | 73  | Violet Blair      | Edinburgh Southern H | 33:30 |
| 19 | Suzanne Owen       | City of Glasgow       | 28:53       | 74  | Muffy Calder      | Westerlands CCC      | 33:42 |
| 20 | Dennise Smith      | Kilbarchan AAC        | 28:57       | 75  | Stacey Erwin      | Calderglen H         | 33:53 |
| 21 | Susan Finch        | City of Glasgow       | 29:13       | 76  | Joan Wilson       | Perth Road Runners   | 33:58 |
| 22 | Kirsteen Young     | City of Glasgow       | 29:13       | 77  | Paula Wilson      | JW Kilmarnock        | 34:02 |
| 23 | Kate Jenkins       | Carnethy HRC          | 29:18       | 78  | Jane Robertson    | Westerlands CCC      | 34:05 |
| 24 | Patricia Affleck   | Gala Harriers         | 29:24       | 79  | Gillian Hanlon    | Dundee Road R        | 34:10 |
| 25 | Claire McCracken   | City of Glasgow (Ind) | 29:26       | 80  | Christine Buckley | Hunters Bog T        | 34:18 |
| 26 | Claire Ward        | City of Edinburgh     | 29:31       | 81  | Ada Stewart       | Kirkintilloch Oly    | 34:20 |
| 27 | Rossalyn Alexander | Falkirk Victoria H    | 29:37       | 82  | Pauline McAdam    | City of Glasgow      | 34:24 |
| 28 | Catherine Ferrie   | City of Edinburgh     | 29:42       | 83  | Sheila Bauchop    | Perth Road Runners   | 34:39 |
| 29 | Hannah Waugh       | Kilbarchan AAC        | 29:46       | 84  | Gillian Price     | JW Kilmarnock        | 34:47 |
| 30 | Alex Richmond      | Hunters Bog T         | 29:51       | 85  | Claire Appelquist | Helensburgh AAC      | 34:56 |
| 31 | Jane Barker        | Moray Road Runners    | 30:01       | 86  | Lorna Eades       | Lothian RC           | 35:05 |
| 32 | Fiona Matheson     | Falkirk Victoria H    | 30:03       | 87  | Sandra Rathjen    | Hunters Bog T        | 35:16 |
| 33 | Helen Murray       | Lothian RC            | 30:03       | 88  | Kim Macgregor     | Fife AC              | 35:24 |
| 34 | Andrea Cameron     | Perth Road Runners    | 30:05       | 89  | Arabella Woodrow  | Perth Road Runners   | 35:32 |
| 35 | Fiona Lampkin      | Montrose & Dist       | 30:13       | 90  | Rosemary McMillan | JW Kilmarnock        | 35:37 |
| 36 | Avril Gardner      | Livingston & Dist     | 30:14       | 91  | Margaret Turnbull | Lothian RC           | 36:00 |
| 37 | Ruth Chamberlain   | City of Edinburgh     | 30:16       | 92  | Miriam Rennet     | Dundee Road R        | 36:13 |
| 38 | Isobel Knox        | Hunters Bog T         | 30:18       | 93  | Fiona Cruden      | Hunters Bog T        | 36:18 |
| 39 | Ainsley Normand    | Central AC            | 30:26       | 94  | Marsie Ewing      | Lothian RC           | 36:26 |
| 40 | Helen Stuart       | Bellahouston RR       | 30:41       | 95  | Morag Cairns      | JW Kilmarnock        | 36:30 |
| 41 | Leanne Haining     | Gala Harriers         | 30:44       | 96  | Mary Miller       | Irvine AC            | 36:32 |
| 42 | Helen Morton       | Irvine AC             | 30:58       | 97  | Mairead Black     | Glasgow Uni          | 37:01 |
| 43 | Fabienne Thompson  | EZ Carnegie           | 31:01       | 98  | Rachael Campbell  | Penicuik Harriers    | 37:33 |
| 44 | Kirsty Baird       | City of Glasgow       | 31:05       | 99  | Niamh Troy        | Hunters Bog T        | 38:21 |
| 45 | Joanne Whitehead   | City of Edinburgh     | 31:09       | 100 | Karen Husband     | Penicuik Harriers    | 38:22 |
| 46 | Sarah Legge        | EZ Carnegie           | 31:11       | 101 | Ann Anderson      | JW Kilmarnock        | 38:55 |
| 47 | Lianne Harrison    | City of Edinburgh     | 31:13       | 102 | Karen Stevenson   | Garscube H           | 39:54 |
| 48 | Naj D'silva        | Strathclyde Uni       | 31:20       | 103 | Linda McGinley    | Corstorphine AAC     | 40:01 |
| 49 | Alison Whyte       | Pitreavie AAC         | 31:20       | 104 | Denise Drysdale   | Calderglen H         | 40:25 |
| 50 | Morag Taggart      | Dundee Road R         | 31:25       | 105 | Janet Emsley      | Arran Runners        | 42:10 |
| 51 | Jessica Legaz-Clua | Hunters Bog T         | 31:40       | 106 | Genevieve Allan   | Calderglen H         | 52:33 |
| 52 | Kelly Smith        | East Kilbride AAC     | 31:45       |     |                   |                      |       |
| 53 | Sharyn Ramage      | City of Edinburgh     | 31:49       |     |                   |                      |       |
| 54 | Karen Dobbie       | Edinburgh Southern H  | 31:53       |     |                   |                      |       |

## National Cross Country Championships – Perth 21/2/2004 U17/U20 Women Results

|    | <i>Name</i>                 | <i>Club</i>          | <i>Time</i> |
|----|-----------------------------|----------------------|-------------|
| 1  | Freya Murray (U20)          | Edinburgh Southern H | 16:59       |
| 2  | Marbeth Shiell (U20)        | Edinburgh Southern H | 17:38       |
| 3  | Jennifer Emsley             | City of Glasgow      | 17:57       |
| 4  | Cara Sloss                  | Kilbarchan AAC       | 18:07       |
| 5  | Morag MacLarty (U20)        | Central AC           | 18:09       |
| 6  | Fiona Thompson (U20)        | Central AC           | 18:10       |
| 7  | Heather Brookes             | Dundee Hawkhill      | 18:16       |
| 8  | Emma Mackie                 | JW Kilmarnock        | 18:18       |
| 9  | Alison MacDonald (U20)      | City of Edinburgh    | 18:35       |
| 10 | Christina Whitelaw          | Larkhall YMCA        | 18:53       |
| 11 | Mhairi Spence (U20)         | Unattached           | 18:59       |
| 12 | Laura Brown                 | Dundee Hawkhill      | 19:01       |
| 13 | Marie Terese Gardiner (U20) | Clydesdale Harriers  | 19:03       |
| 14 | Victoria Currie             | Nithsdale AC         | 19:14       |
| 15 | Laura Thomson (U20)         | City of Glasgow      | 19:16       |
| 16 | Judith Louise Work          | City of Glasgow      | 19:16       |
| 17 | Ellen Patrick (U20)         | Glasgow Uni          | 19:21       |
| 18 | Emily Finnie                | Edinburgh Southern H | 19:27       |
| 19 | Chirsty MacLeod             | Stornoway RC         | 19:29       |
| 20 | Rowena Bell-Scott           | Central AC           | 19:30       |
| 21 | Frances McCluskey           | Giffnock North       | 19:32       |
| 22 | Kerry McGee                 | Giffnock North       | 19:32       |
| 23 | Julie Porteous (U20)        | Victoria Park AAC    | 19:36       |
| 24 | Carlyn Davie                | Giffnock North       | 19:37       |
| 25 | Lynsey Murray               | Dundee Hawkhill      | 19:41       |
| 26 | Jenny Sheal                 | Lasswade AAC         | 19:47       |
| 27 | Fiona McKay                 | Giffnock North       | 19:54       |
| 28 | Rebecca O'Brien             | Corstorphine AAC     | 19:58       |
| 29 | Vicky Ferguson              | Irvine AC            | 20:15       |
| 30 | Tracy Smith                 | Giffnock North       | 20:21       |
| 31 | Lauren Baird                | Giffnock North       | 20:25       |
| 32 | Diane Morton (U20)          | Edinburgh Uni        | 20:32       |
| 33 | Kim Paterson                | Pitreavie AAC        | 20:37       |
| 34 | Morina MacDougall           | North Uist AAC       | 21:23       |
| 35 | Gayle Dunnett (U20)         | Edinburgh Southern H | 21:25       |
| 36 | Lyndsey Aitken              | Dundee Hawkhill      | 21:42       |
| 37 | Nikki Christie              | Law & District       | 21:55       |
| 38 | Kara Tait                   | JW Kilmarnock        | 22:00       |
| 39 | Samantha Lindin             | Pitreavie AAC        | 22:02       |
| 40 | Julia Oldham (U20)          | Pitreavie AAC        | 22:17       |

### U17 Teams

|                          | <i>Pos</i> | <i>Name</i>       | <i>Time</i> |
|--------------------------|------------|-------------------|-------------|
| 1st Dundee Hawkhill (24) | 3          | Heather Brookes   | 18:16       |
|                          | 6          | Laura Brown       | 19:01       |
|                          | 15         | Lynsey Murray     | 19:41       |
| 2nd Giffnock North (39)  | 12         | Frances McCluskey | 19:32       |
|                          | 13         | Kerry McGee       | 19:32       |
|                          | 14         | Carlyn Davie      | 19:37       |

### U20 Teams

|                               | <i>Pos</i> | <i>Name</i>    | <i>Time</i> |
|-------------------------------|------------|----------------|-------------|
| 1st Edinburgh Southern H (15) | 1          | Freya Murray   | 16:59       |
|                               | 2          | Marbeth Shiell | 17:38       |
|                               | 12         | Gayle Dunnett  | 21:25       |

## National Cross Country Championships – Perth 21/2/2004 Under 17 Men Results

|    | <i>Name</i>       | <i>Club</i>          | <i>Time</i> |
|----|-------------------|----------------------|-------------|
| 1  | William Duncan    | Aberdeen AAC         | 22:00       |
| 2  | Conor McNulty     | Kilbarchan AAC       | 22:11       |
| 3  | Darren Shinnie    | Aberdeen AAC         | 22:22       |
| 4  | David Ward        | Ron Hill Cambus      | 22:47       |
| 5  | Chris Devenney    | Kilbarchan AAC       | 23:06       |
| 6  | Thomas Russell    | Stroud AC            | 23:16       |
| 7  | Douglas Selman    | Corstorphine AAC     | 23:18       |
| 8  | Craig Ruddy       | Inverclyde AC        | 23:18       |
| 9  | Kyle Cowie        | Moray Road Runners   | 23:18       |
| 10 | Craig McCaffer    | Kilbarchan AAC       | 23:28       |
| 11 | Michael Wright    | Central AC           | 23:38       |
| 12 | Jamie Clark       | Kilbarchan AAC       | 23:39       |
| 13 | Michael McKean    | Nithsdale AC         | 23:40       |
| 14 | Sean Welsh        | JW Kilmarnock        | 23:40       |
| 15 | Ian Lafferty      | Ron Hill Cambus      | 23:55       |
| 16 | Stephen Daye      | Irvine AC            | 23:58       |
| 17 | Craig Stevenson   | Shettleston Harriers | 24:00       |
| 18 | Scott Davidson    | Whitemoss AAC        | 24:01       |
| 19 | Robert Allison    | Clydesdale Harriers  | 24:03       |
| 20 | Kevin Murray      | Dundee Hawkhill      | 24:07       |
| 21 | Ewan Simpson      | Pitreavie AAC        | 24:12       |
| 22 | Ronnie Ballantyne | Irvine AC            | 24:21       |
| 23 | Andrew Greenhaugh | Ron Hill Cambus      | 24:25       |
| 24 | Stuart Clark      | Nithsdale AC         | 24:26       |
| 25 | Stephen Trainer   | Greenock Glenpark    | 24:27       |
| 26 | Fraser Williams   | Kilbarchan AAC       | 24:31       |
| 27 | Stephen Dunn      | Ron Hill Cambus      | 24:41       |
| 28 | Graeme Caskie     | East Kilbride AAC    | 24:42       |
| 29 | David Phee        | Giffnock North       | 24:52       |
| 30 | John Buchan       | Fife AC              | 24:54       |
| 31 | David Clark       | Giffnock North       | 24:55       |
| 32 | Andrew McCall     | Greenock Glenpark    | 25:00       |
| 33 | Ryan Gibson       | Teviotdale Harriers  | 25:01       |
| 34 | Norman Galbraith  | Giffnock North       | 25:03       |
| 35 | Ross McLean       | Ron Hill Cambus      | 25:19       |
| 36 | Gordon Phillips   | Shettleston Harriers | 25:22       |
| 37 | Callum Fletcher   | Corstorphine AAC     | 25:25       |
| 38 | James McLay       | George Heriots       | 25:26       |
| 39 | Steven Raeburn    | Elgin AAC            | 25:28       |
| 40 | John Gribben      | Kilbarchan AAC       | 25:30       |
| 41 | Alistair Booth    | Giffnock North       | 25:44       |
| 42 | Alex Russell      | Stroud AC            | 25:48       |
| 43 | William Lamb      | Fife AC              | 25:52       |
| 44 | Duncan Coombs     | Aberdeen AAC         | 25:53       |
| 45 | Luke Rettie       | Helensburgh AAC      | 25:56       |
| 46 | Stuart Chisholm   | Pitreavie AAC        | 26:03       |
| 47 | Chris Brown       | Ron Hill Cambus      | 26:10       |
| 48 | Andrew Carr       | Giffnock North       | 26:22       |
| 49 | Michael McKay     | Nithsdale AC         | 26:32       |
| 50 | Michael Burns     | Pitreavie AAC        | 26:33       |
| 51 | Gary MacKay       | Whitemoss AAC        | 26:49       |
| 52 | Euan Robb         | Calderglen H         | 26:54       |
| 53 | Scott Campbell    | Whitemoss AAC        | 26:59       |
| 54 | James Bradley     | Greenock Glenpark    | 27:04       |

|    |                    |                      |       |
|----|--------------------|----------------------|-------|
| 55 | Hugo Shannon       | City of Edinburgh    | 27:09 |
| 56 | Adam Janeczko      | Kirkintilloch Oly    | 27:11 |
| 57 | Paul Grant         | Shettleston Harriers | 27:14 |
| 58 | Mark Harley        | Fife AC              | 27:15 |
| 59 | Kyle Toole         | Kilbarchan AAC       | 27:19 |
| 60 | Andrew Jack        | Kilbarchan AAC       | 27:23 |
| 61 | Roy Duma           | City of Edinburgh    | 27:28 |
| 62 | Luke Yates         | George Heriots       | 27:33 |
| 63 | Derek Scott        | Teviotdale Harriers  | 27:38 |
| 64 | Alistair Marshall  | Linlithgow AAC       | 27:49 |
| 65 | Craig Strachan     | Law & District       | 27:52 |
| 66 | Colin Swan         | Lasswade AAC         | 27:59 |
| 67 | Richard McLaughlin | Kilbarchan AAC       | 28:05 |
| 68 | Craig Wilson       | George Heriots       | 28:34 |
| 69 | Joe Scott          | Kilbarchan AAC       | 28:51 |
| 70 | Peter MacRae       | George Heriots       | 28:59 |
| 71 | Neil Masson        | Whitemoss AAC        | 29:20 |
| 72 | Derek Melville     | Ron Hill Cambus      | 29:36 |
| 73 | James Warham       | Forres Harriers      | 29:53 |
| 74 | Iain Batho         | George Heriots       | 30:26 |
| 75 | Kevin Wilson       | George Heriots       | 31:20 |
| 76 | Michael Grant      | George Heriots       | 34:16 |

### Teams

|                          | <i>Pos</i>  | <i>Name</i>       | <i>Time</i> |
|--------------------------|-------------|-------------------|-------------|
| 1st Kilbarchan AAC (29)  | 2           | Conor McNulty     | 22:11       |
|                          | 5           | Chris Devenney    | 23:06       |
|                          | 10          | Craig McCaffer    | 23:28       |
|                          | 12          | Jamie Clark       | 23:39       |
| 2nd Ron Hill Cambus (69) | 4           | David Ward        | 22:47       |
|                          | 15          | Ian Lafferty      | 23:55       |
|                          | 23          | Andrew Greenhaugh | 24:25       |
|                          | 27          | Stephen Dunn      | 24:41       |
| 3rd Giffnock North (135) | 29          | David Phee        | 24:52       |
|                          | 31          | David Clark       | 24:55       |
|                          | 34          | Norman Galbraith  | 25:03       |
|                          | 41          | Alistair Booth    | 25:44       |
|                          |             |                   |             |
| 4th Whitemoss AAC (193)  | 18,51,53,71 |                   |             |
| 5th George Heriots (238) | 38,62,68,70 |                   |             |

# National Cross Country Championships – Perth 21/2/2004 Senior Men Results

|    | <i>Name</i>         | <i>Club</i>              | <i>Time</i> |     |                     |                      |       |
|----|---------------------|--------------------------|-------------|-----|---------------------|----------------------|-------|
| 1  | Glen Stewart        | Phoenix Racers           | 34:52       | 59  | Thomas Lawrence     | Kilbarchan AAC       | 38:20 |
| 2  | Philip Mowbray      | Hunters Bog T            | 34:57       | 60  | James Snodgrass     | Kilbarchan AAC       | 38:22 |
| 3  | Andrew Lemoncello   | Fife AC                  | 35:02       | 61  | Nicholas Milovsorov | Metro Aberdeen       | 38:27 |
| 4  | Martin Graham       | Shettleston Harriers     | 35:06       | 62  | Steven Cairns       | Hunters Bog T        | 38:28 |
| 5  | Robert Quinn        | Kilbarchan AAC           | 35:09       | 63  | Malcolm Beattie     | Aberdeen AAC         | 38:30 |
| 6  | John Heap           | Hunters Bog T            | 35:24       | 64  | Matthew Strachan    | Dundee Hawkhill      | 38:32 |
| 7  | Jonathan McCallum   | Ron Hill Cambus          | 35:34       | 65  | Robert Docherty     | Greenock Glenpark    | 38:32 |
| 8  | William Richardson  | Irvine AC                | 35:37       | 66  | Christopher Russell | Fife AC              | 38:34 |
| 9  | Michael Carroll     | Dundee Hawkhill          | 35:39       | 67  | Ross Houston        | Central AC           | 38:36 |
| 10 | David Rodgers       | Ron Hill Cambus          | 35:44       | 68  | Gerard Gaffney      | Inverclyde AC        | 38:41 |
| 11 | Stuart Gibson       | Shettleston Harriers     | 35:46       | 69  | Brian Kirkwood      | Phoenix Racers       | 38:45 |
| 12 | Andrew Liston       | Fife AC                  | 35:57       | 70  | Grant Baillie       | East Kilbride AAC    | 38:47 |
| 13 | David Millar        | Irvine AC                | 35:59       | 71  | Ian Wellock         | Hunters Bog T        | 38:49 |
| 14 | Robert Russell      | Central AC               | 36:12       | 72  | Alan Derrick        | Calderglen H         | 38:50 |
| 15 | Stephen Wylie       | Ron Hill Cambus          | 36:16       | 73  | Adrian Davis        | Fife AC              | 38:52 |
| 16 | Juan Mareque        | City of Edinburgh        | 36:20       | 74  | Scott Bisset        | Corstorphine AAC     | 38:54 |
| 17 | Andrew Renfree      | Phoenix Racers           | 36:23       | 75  | Colin Souter        | Ayr Seaforth         | 38:56 |
| 18 | Benjamin Hukins     | Aberdeen AAC             | 36:24       | 76  | Martin Duthie       | Calderglen H         | 38:56 |
| 19 | Alistair Hart       | Hunters Bog T            | 36:29       | 77  | David MacLean       | City of Edinburgh    | 38:56 |
| 20 | John Cowan          | Ron Hill Cambus          | 36:29       | 78  | Ross Milne          | Lothian RC           | 39:00 |
| 21 | Colin Donnelly      | Ron Hill Cambus          | 36:35       | 79  | Brian Turner        | Lothian RC           | 39:02 |
| 22 | John Brown          | Ron Hill Cambus          | 36:41       | 80  | Robert Wiseman      | City of Edinburgh    | 39:03 |
| 23 | Graham Wight        | Shettleston Harriers     | 36:50       | 81  | Robert Riddell      | City of Edinburgh    | 39:04 |
| 24 | Mark Rudzinski      | Clydesdale Harriers      | 36:51       | 82  | Joe Symonds         | Dundee Hawkhill      | 39:06 |
| 25 | Jethro Lennox       | Shettleston Harriers     | 36:53       | 83  | Chris O'Brien       | Corstorphine AAC     | 39:08 |
| 26 | Ross Arbuckle       | Ron Hill Cambus          | 36:54       | 84  | Andrew Ronald       | Falkirk Victoria H   | 39:08 |
| 27 | Edward Tonner       | JW Kilmarnock            | 36:56       | 85  | Graeme Ackland      | Lothian RC           | 39:12 |
| 28 | David Ross          | Phoenix Racers           | 36:59       | 86  | David Duguid        | Aberdeen AAC         | 39:13 |
| 29 | Charles Thomson     | Ron Hill Cambus          | 37:01       | 87  | Euan Jardine        | Gala Harriers        | 39:15 |
| 30 | Graeme Croll        | Ron Hill Cambus          | 37:04       | 88  | Peter Carton        | Shettleston Harriers | 39:19 |
| 31 | Owen Greene         | Fife AC                  | 37:06       | 89  | Stuart Campbell     | Phoenix Racers       | 39:22 |
| 32 | Moray Anderson      | Corstorphine AAC         | 37:08       | 90  | Stephen Gill        | Keith & Dist         | 39:24 |
| 33 | Alexander Robertson | Ron Hill Cambus          | 37:14       | 91  | Tom Ferrington      | Corstorphine AAC     | 39:27 |
| 34 | John Murray         | Lasswade AAC             | 37:18       | 92  | Alastair Douglas    | Victoria Park AAC    | 39:28 |
| 35 | Daniel Leggate      | Fife AC                  | 37:20       | 93  | William Spates      | Fife AC              | 39:29 |
| 36 | Steven O'Brien      | Corstorphine AAC         | 37:24       | 94  | John McMillan       | Kilbarchan AAC       | 39:31 |
| 37 | Robert Gilroy       | Hamilton H               | 37:27       | 95  | John Lambie         | EZ Carnegie          | 39:31 |
| 38 | Duncan Cochrane     | Ron Hill Cambus          | 37:30       | 96  | Steve Laing         | Central AC           | 39:31 |
| 39 | Ian Murphy          | Clydesdale Harriers      | 37:32       | 97  | Brian Mcgarrrity    | Shettleston Harriers | 39:34 |
| 40 | Iain MacCorquodale  | Ron Hill Cambus          | 37:33       | 98  | Alex Milne          | Central AC           | 39:34 |
| 41 | John Mackay         | Shettleston Harriers     | 37:35       | 99  | Ian Stewart         | EZ Carnegie          | 39:39 |
| 42 | Keith Farquhar      | Metro Aberdeen           | 37:36       | 100 | Nigel Cunningham    | Pitreavie AAC        | 39:42 |
| 43 | John Castle         | Dundee Hawkhill          | 37:37       | 101 | Thomas Anderson     | Kilbarchan AAC       | 39:43 |
| 44 | Jamie Reid          | Ron Hill Cambus          | 37:43       | 102 | Barney Philips      | Strathclyde Uni      | 39:45 |
| 45 | Ian Williamson      | Cambridge & Coleridge AC | 37:45       | 103 | Brian Craig         | Irvine AC            | 39:51 |
| 46 | Lee Richardson      | Irvine AC                | 37:47       | 104 | Jamie Gartside      | Perth Road Runners   | 39:53 |
| 47 | Malcolm Bain        | Stornoway RC             | 37:56       | 105 | Adam Ward           | City of Edinburgh    | 40:01 |
| 48 | Stuart Barnett      | Victoria Park AAC        | 37:57       | 106 | George Taylor       | Giffnock North       | 40:05 |
| 49 | Kenneth McCoy       | Victoria Park AAC        | 37:59       | 107 | Richard Kennedy     | Dundee Road R        | 40:07 |
| 50 | Alasdair Anthony    | Central AC               | 38:01       | 108 | Blair Matthew       | Calderglen H         | 40:10 |
| 51 | Robert Napier       | Ayr Seaforth             | 38:02       | 109 | Stephen Connor      | Forfar Road R        | 40:10 |
| 52 | Ewan Gault          | Central AC               | 38:03       | 110 | Andy Kitchin        | Lothian RC           | 40:10 |
| 53 | Adrian Callan       | Shettleston Harriers     | 38:04       | 111 | Francis Hurley      | Ron Hill Cambus      | 40:10 |
| 54 | William Coyle       | Shettleston Harriers     | 38:09       | 112 | David Anderson      | Fife AC              | 40:10 |
| 55 | David Gardiner      | Phoenix Racers           | 38:10       | 113 | Malcolm Patterson   | Shettleston Harriers | 40:15 |
| 56 | Ian Johnston        | Shettleston Harriers     | 38:10       | 114 | Ben Mitchell        | Lasswade AAC         | 40:16 |
| 57 | Mark Johnston       | City of Edinburgh        | 38:13       | 115 | Bryce Aitken        | Fife AC              | 40:17 |
| 58 | Michael Ross        | Falkirk Victoria H       | 38:14       | 116 | John Hepburn        | Dundee Hawkhill      | 40:21 |
|    |                     |                          |             | 117 | Billy Minto         | Hunters Bog T        | 40:25 |

## National Cross Country Championships – Perth 21/2/2004 Senior Men Results

|     |                   |                      |       |     |                   |                      |       |
|-----|-------------------|----------------------|-------|-----|-------------------|----------------------|-------|
| 118 | Stuart Moran      | Perth Road Runners   | 40:32 | 177 | Neil Young        | Fife AC              | 42:18 |
| 119 | Tom Scott         | Fife AC              | 40:34 | 178 | James Austin      | Clydesdale Harriers  | 42:18 |
| 120 | David Marshall    | Ron Hill Cambus      | 40:40 | 179 | Garry Robertson   | City of Edinburgh    | 42:18 |
| 121 | Brian Carrigan    | Calderglen H         | 40:40 | 180 | Frank Yeoman      | Dumbarton AAC        | 42:18 |
| 122 | David Boal        | Bellahouston H       | 40:40 | 181 | Brian Cook        | Dundee Hawkhill      | 42:27 |
| 123 | Alistair Murray   | Metro Aberdeen       | 40:40 | 182 | Derek Phillips    | Perth Road Runners   | 42:30 |
| 124 | Peter Jennings    | Metro Aberdeen       | 40:42 | 183 | Derek Halpin      | Clydesdale Harriers  | 42:32 |
| 125 | Patrick Walder    | Shettleston Harriers | 40:44 | 184 | Joseph Kealey     | Ron Hill Cambus      | 42:32 |
| 126 | David J. Condra   | East Kilbride AAC    | 40:46 | 185 | Greg Hastie       | Bellahouston H       | 42:32 |
| 127 | Andrew Hunter     | EZ Carnegie          | 40:46 | 186 | Philip Carter     | Victoria Park AAC    | 42:32 |
| 128 | Stephen Mason     | Dundee Hawkhill      | 40:49 | 187 | Brian Gallagher   | Clydesdale Harriers  | 42:40 |
| 129 | Darren Bradley    | Ron Hill Cambus      | 40:51 | 188 | Ian Cullen        | Garscube H           | 42:41 |
| 130 | Gerard McNamee    | Giffnock North       | 40:54 | 189 | Graeme Fletcher   | Corstorphine AAC     | 42:42 |
| 131 | Clyde Marwick     | Shettleston Harriers | 40:56 | 190 | Kenneth Cairns    | Penicuik Harriers    | 42:43 |
| 132 | Robert Milton     | EZ Carnegie          | 40:58 | 191 | Harry Mulholland  | Lothian RC           | 42:50 |
| 133 | George Irving     | Irvine AC            | 41:02 | 192 | Simon Axon        | Hunters Bog T        | 42:52 |
| 134 | Michael Diver     | Clydesdale Harriers  | 41:03 | 193 | Campbell Joss     | Bellahouston H       | 42:54 |
| 135 | Dale Cunningham   | Strathclyde Uni      | 41:05 | 194 | David Mitchell    | JW Kilmarnock        | 42:54 |
| 136 | Charles Campbell  | Westerlands CCC      | 41:05 | 195 | Andrew Ross       | Victoria Park AAC    | 42:57 |
| 137 | Daniel McLaughlin | Greenock Glenpark    | 41:07 | 196 | Gary Walker       | Metro Aberdeen       | 42:57 |
| 138 | Duncan McGougan   | Falkirk Victoria H   | 41:07 | 197 | Martin Clarke     | Gala Harriers        | 43:00 |
| 139 | Colin Miller      | Irvine AC            | 41:07 | 198 | Douglas MacDonald | Maryhill Harriers    | 43:03 |
| 140 | Marc McColl       | Shettleston Harriers | 41:07 | 199 | Robert Hutchison  | Central AC           | 43:07 |
| 141 | Douglas Campbell  | Greenock Glenpark    | 41:14 | 200 | Graham Cairns     | JW Kilmarnock        | 43:07 |
| 142 | Ian Overton       | Fife AC              | 41:17 | 201 | Edward McLoone    | Kirkintilloch Oly    | 43:09 |
| 143 | Frank Boyne       | Aberdeen AAC         | 41:18 | 202 | Eric Donaldson    | Falkirk Victoria H   | 43:09 |
| 144 | Duncan Wood       | Metro Aberdeen       | 41:22 | 203 | David Armitage    | Aberdeen AAC         | 43:12 |
| 145 | Iain Connell      | JW Kilmarnock        | 41:22 | 204 | Brian Cruickshank | Fife AC              | 43:14 |
| 146 | Chris Godfree     | Lothian RC           | 41:22 | 205 | Laurence Baker    | Ayr Seaforth         | 43:14 |
| 147 | Ross Munro        | Stornoway RC         | 41:25 | 206 | Robert Young      | Clydesdale Harriers  | 43:16 |
| 148 | Raymond Hughes    | Bellahouston H       | 41:27 | 207 | John McPake       | Ron Hill Cambus      | 43:19 |
| 149 | Geoff Simpson     | Hunters Bog T        | 41:31 | 208 | Jon Rathjen       | Hunters Bog T        | 43:19 |
| 150 | Graham Allan      | Calderglen H         | 41:33 | 209 | Alan O'Rourke     | Greenock Glenpark    | 43:23 |
| 151 | John McArthur     | Clydesdale Harriers  | 41:34 | 210 | John Martin       | Falkirk Victoria H   | 43:23 |
| 152 | David MacDonald   | Dundee Hawkhill      | 41:34 | 211 | Kenneth McClean   | Shettleston Harriers | 43:24 |
| 153 | Fergus Johnston   | Gala Harriers        | 41:34 | 212 | Steven Thomson    | Livingston & Dist    | 43:28 |
| 154 | David Simmons     | Lothian RC           | 41:38 | 213 | Iain MacKay       | Stornoway RC         | 43:32 |
| 155 | Colin Scott       | Bellahouston H       | 41:38 | 214 | Mike Connor       | Ferranti AAC         | 43:35 |
| 156 | Alan Milligan     | Fife AC              | 41:42 | 215 | Peter Simpson     | EZ Carnegie          | 43:40 |
| 157 | Derek Breen       | Giffnock North       | 41:44 | 216 | Iain Cumming      | Corstorphine AAC     | 43:42 |
| 158 | Frankie Barron    | Keith & Dist         | 41:47 | 217 | Joseph McNamee    | Irvine AC            | 43:44 |
| 159 | Duncan Thomson    | Victoria Park AAC    | 41:49 | 218 | Alan Lawson       | Dundee Road R        | 43:45 |
| 160 | Colin Farquharson | Hunters Bog T        | 41:51 | 219 | Keith Charlton    | Aberdeen AAC         | 43:47 |
| 161 | William Jarvie    | Portobello RC        | 41:53 | 220 | Angus Hunter      | Perth Road Runners   | 43:48 |
| 162 | David Marsland    | Dumbarton AAC        | 41:53 | 221 | Ian Mennie        | Garscube H           | 43:49 |
| 163 | Steven Ogg        | EZ Carnegie          | 41:59 | 222 | Alexander Peddie  | Aberdeen AAC         | 43:52 |
| 164 | Andrew Gillespie  | Hunters Bog T        | 42:00 | 223 | Graeme Haddow     | East Kilbride AAC    | 43:55 |
| 165 | David Eades       | Lothian RC           | 42:01 | 224 | Robert Rogerson   | Kirkintilloch Oly    | 44:06 |
| 166 | Chris Upson       | Westerlands CCC      | 42:03 | 225 | Robin Livingstone | Perth Road Runners   | 44:08 |
| 167 | Jamie McMonagle   | Calderglen H         | 42:06 | 226 | Stephen Ferguson  | Perth Road Runners   | 44:09 |
| 168 | Sandy Wallace     | Haddington ELP       | 42:07 | 227 | Robert Gray       | Inverclyde AC        | 44:11 |
| 169 | Ian Johnston      | EZ Carnegie          | 42:10 | 228 | Gordon Douglas    | Law & District       | 44:11 |
| 170 | Neil Renton       | Gala Harriers        | 42:11 | 229 | Mike Stewart      | Keith & Dist         | 44:13 |
| 171 | Ron Logan         | Gala Harriers        | 42:13 | 230 | Tom McCulloch     | Ayr Seaforth         | 44:14 |
| 172 | Gerard Scullion   | Portobello RC        | 42:13 | 231 | Paul Gallacher    | Fife AC              | 44:14 |
| 173 | David Henderson   | Corstorphine AAC     | 42:13 | 232 | Ian Beattie       | Central AC           | 44:14 |
| 174 | James White       | Irvine AC            | 42:13 | 233 | Ally Bagnall      | Fife AC              | 44:20 |
| 175 | Robert McLennan   | Garscube H           | 42:13 | 234 | George McGregor   | Troon Tortoises AC   | 44:20 |
| 176 | Gerard Craig      | Victoria Park AAC    | 42:18 | 235 | Stuart Waugh      | Calderglen H         | 44:20 |

# National Cross Country Championships – Perth 21/2/2004 Senior Men Results

|     |                   |                      |       |     |                    |                      |       |
|-----|-------------------|----------------------|-------|-----|--------------------|----------------------|-------|
| 236 | Barry Davie       | Pitreavie AAC        | 44:20 | 295 | Iain Fraser        | Irvine AC            | 46:27 |
| 237 | Stephen Cowper    | Milburn Harriers     | 44:20 | 296 | David Geddes       | Garscube H           | 46:30 |
| 238 | Paul Walker       | Corstorphine AAC     | 44:20 | 297 | Mark Smith         | East Kilbride AAC    | 46:31 |
| 239 | Nigel Fowler      | Fife AC              | 44:20 | 298 | Steven Somerville  | Dumbarton AAC        | 46:31 |
| 240 | John Steel        | City of Edinburgh    | 44:20 | 299 | Andrew Griffiths   | City of Edinburgh    | 46:31 |
| 241 | Coinnech Morrison | Stornoway RC         | 44:27 | 300 | Archie Cameron     | Westerlands CCC      | 46:44 |
| 242 | Peter Collier     | Irvine AC            | 44:29 | 301 | James Dobbie       | Motherwell & Dist    | 46:44 |
| 243 | John Gebbie       | JW Kilmarnock        | 44:30 | 302 | Robert Snodgrass   | Kilbarchan AAC       | 46:49 |
| 244 | James O'Hagan     | Giffnock North       | 44:32 | 303 | Kenneth Davidson   | Calderglen H         | 46:54 |
| 245 | Neil McKay        | Hunters Bog T        | 44:32 | 304 | Neil Thomas        | Hunters Bog T        | 46:59 |
| 246 | R Mair            | City of Edinburgh    | 44:32 | 305 | Roderick Shanks    | Calderglen H         | 47:02 |
| 247 | Steven Docherty   | Haddington ELP       | 44:32 | 306 | Kenneth McVey      | Victoria Park AAC    | 47:04 |
| 248 | Brian Clarke      | Dumbarton AAC        | 44:34 | 307 | Robert Shaw        | Inverclyde AC        | 47:06 |
| 249 | Ivor Normand      | Hunters Bog T        | 44:36 | 308 | Cameron Spence     | Inverclyde AC        | 47:10 |
| 250 | Walter Fairnie    | Ferranti AAC         | 44:36 | 309 | Ian Poolman        | Fife AC              | 47:15 |
| 251 | Brian Howie       | City of Edinburgh    | 44:41 | 310 | Gerard Mullen      | Calderglen H         | 47:15 |
| 252 | John McFadyen     | Bellahouston H       | 44:41 | 311 | Keith Weston       | Ferranti AAC         | 47:22 |
| 253 | James Rowley      | Law & District       | 44:46 | 312 | James Macdonald    | Law & District       | 47:22 |
| 254 | Andrew McIntyre   | Shettleston Harriers | 44:46 | 313 | Michael Milmoe     | Forres Harriers      | 47:27 |
| 255 | David Fairweather | Ron Hill Cambus      | 44:46 | 314 | Robin Grant        | Giffnock North       | 47:29 |
| 256 | Ivan Field        | Calderglen H         | 44:50 | 315 | Patrick Burns      | Milburn Harriers     | 47:31 |
| 257 | Graeme Gemmell    | Bellahouston H       | 44:56 | 316 | Steven Campbell    | Giffnock North       | 47:31 |
| 258 | Trevor Ridley     | Ferranti AAC         | 44:56 | 317 | Colin Simpson      | Pitreavie AAC        | 47:39 |
| 259 | William Scullion  | Aberdeen AAC         | 44:59 | 318 | Jonathan Whitehead | City of Edinburgh    | 47:39 |
| 260 | Scott Innes       | City of Edinburgh    | 44:59 | 319 | Eric Dickson       | JW Kilmarnock        | 47:41 |
| 261 | Alex Allardyce    | Ayr Seaforth         | 44:59 | 320 | Roy McLachlan      | Fife AC              | 47:47 |
| 262 | Duncan MacNeill   | Greenock Glenpark    | 45:00 | 321 | Kevan Fulton       | Ayr Seaforth         | 47:49 |
| 263 | Andrew Donaldson  | Falkirk Victoria H   | 45:00 | 322 | Stuart Forrester   | Pitreavie AAC        | 47:51 |
| 264 | Daniel Green      | City of Edinburgh    | 45:04 | 323 | Anthony McConnell  | Milburn Harriers     | 47:54 |
| 265 | G Smith           | Teviotdale Harriers  | 45:07 | 324 | Alan Wylie         | Giffnock North       | 47:58 |
| 266 | Billy Clark       | Giffnock North       | 45:07 | 325 | Alan Stewart       | Giffnock North       | 47:58 |
| 267 | Alistair Laurie   | Gala Harriers        | 45:10 | 326 | Paddy McDonald     | Haddington ELP       | 48:01 |
| 268 | James Lang        | EZ Carnegie          | 45:12 | 327 | Paul Caban         | Ferranti AAC         | 48:01 |
| 269 | Anthony Ritchie   | Westerlands CCC      | 45:13 | 328 | Colin Freeman      | Calderglen H         | 48:04 |
| 270 | Marc Roper        | Giffnock North       | 45:13 | 329 | John Millar        | Central AC           | 48:05 |
| 271 | Douglas Gray      | Pitreavie AAC        | 45:17 | 330 | Gordon Colvin      | East Kilbride AAC    | 48:05 |
| 272 | Roger Greenaway   | Central AC           | 45:23 | 331 | Ronald Milne       | Forfar Road R        | 48:11 |
| 273 | Stephen Reid      | Ferranti AAC         | 45:26 | 332 | Andrew Henderson   | Calderglen H         | 48:11 |
| 274 | Stephen Cassells  | Aberdeen AAC         | 45:36 | 333 | Martin Myant       | Giffnock North       | 48:15 |
| 275 | James Galbraith   | Giffnock North       | 45:36 | 334 | William Gallacher  | City of Edinburgh    | 48:22 |
| 276 | Iain Burke        | Bellahouston H       | 45:39 | 335 | Norman Hay         | Greenock Glenpark    | 48:25 |
| 277 | Scott Russell     | JW Kilmarnock        | 45:39 | 336 | Gordon Hanley      | Dumbarton AAC        | 48:35 |
| 278 | James Shields     | Clydesdale Harriers  | 45:39 | 337 | James Alexander    | Lothian RC           | 48:39 |
| 279 | Finlay Dowell     | Irvine AC            | 45:39 | 338 | Tim Doyle          | Penicuik Harriers    | 48:42 |
| 280 | Ian Campbell      | Hunters Bog T        | 45:47 | 339 | Neil Murdock       | Aberdeen AAC         | 48:42 |
| 281 | Michael O'Hagan   | Ron Hill Cambus      | 45:52 | 340 | Raymond Loughran   | Shettleston Harriers | 48:44 |
| 282 | Michael McGinley  | Kilbarchan AAC       | 45:55 | 341 | Jim Holmes         | Calderglen H         | 48:44 |
| 283 | Paul Emsley       | Arran Runners        | 45:57 | 342 | Robert Cockburn    | City of Edinburgh    | 48:51 |
| 284 | John Hanratty     | Clydesdale Harriers  | 45:57 | 343 | Andrew Kerr        | Troon Tortoises AC   | 48:54 |
| 285 | Andrew Nicoll     | Victoria Park AAC    | 46:02 | 344 | Mitchell Guthrie   | Inverclyde AC        | 48:55 |
| 286 | Ewan Bell-Scott   | Central AC           | 46:05 | 345 | Douglas Gunstone   | Fife AC              | 49:02 |
| 287 | Alex MacEwen      | City of Edinburgh    | 46:08 | 346 | David Norrie       | Perth Road Runners   | 49:10 |
| 288 | Ian Armstrong     | EZ Carnegie          | 46:08 | 347 | Neil Campbell      | EZ Carnegie          | 49:21 |
| 289 | George Little     | Glasgow Uni          | 46:13 | 348 | David Bee          | Fife AC              | 49:31 |
| 290 | Alan Quigley      | Glasgow Uni          | 46:14 | 349 | Jude Boulton       | Musselburgh AC       | 49:34 |
| 291 | David Mewse       | Kilbarchan AAC       | 46:17 | 350 | Eric Stevenson     | City of Edinburgh    | 49:34 |
| 292 | Cameron Campbell  | Central AC           | 46:19 | 351 | Phil Smithard      | EZ Carnegie          | 49:36 |
| 293 | David Mcleary     | Law & District       | 46:25 | 352 | Andrew Barker      | Fife AC              | 49:38 |
| 294 | Anthony Quinn     | Bellahouston H       | 46:27 | 353 | Mel Edwards        | Aberdeen AAC         | 49:40 |

# National Cross Country Championships – Perth 21/2/2004 Senior Men Results

|     |                     |                     |         |
|-----|---------------------|---------------------|---------|
| 354 | Russell Couper      | Calderglen H        | 49:46   |
| 355 | Michael Cowie       | EZ Carnegie         | 49:56   |
| 356 | Blair Millen        | Westerlands CCC     | 50:03   |
| 357 | Thomas Bowie        | EZ Carnegie         | 50:07   |
| 358 | Sandy Cruickshank   | Fife AC             | 50:07   |
| 359 | Robert Daly         | Victoria Park AAC   | 50:07   |
| 360 | Brian Peachey       | Fife AC             | 50:11   |
| 361 | Peter Rudzinski     | Clydesdale Harriers | 50:14   |
| 362 | John Gavin          | Ferranti AAC        | 50:14   |
| 363 | David Searil        | Calderglen H        | 50:14   |
| 364 | Brian Carr          | Haddington ELP      | 50:14   |
| 365 | Alan McLeod         | Dundee Road R       | 50:14   |
| 366 | Kenneth Mcleod      | Dundee Road R       | 50:14   |
| 367 | John McKay          | Hunters Bog T       | 50:14   |
| 368 | Kenneth Graham      | Penicuik Harriers   | 50:19   |
| 369 | Colin MacLennan     | Kirkintilloch Oly   | 50:25   |
| 370 | Duncan Baker        | Hunters Bog T       | 50:37   |
| 371 | Stephen Greer       | EZ Carnegie         | 50:40   |
| 372 | Alan Meiklejohn     | Fife AC             | 51:07   |
| 373 | John Docherty       | JW Kilmarnock       | 51:12   |
| 374 | David Hay           | Central AC          | 51:12   |
| 375 | Stuart Lamb         | City of Edinburgh   | 51:21   |
| 376 | Jim Bruce           | Stornoway RC        | 51:25   |
| 377 | Alexander Robertson | Milburn Harriers    | 51:25   |
| 378 | Stephen Cullen      | Garscube H          | 51:31   |
| 379 | John O'Hara         | Corstorphine AAC    | 51:35   |
| 380 | Edward McDonald     | Ferranti AAC        | 51:37   |
| 381 | John Milton         | EZ Carnegie         | 51:44   |
| 382 | Richard Wall        | Hunters Bog T       | 52:44   |
| 383 | Alan Grierson       | Lothian RC          | 52:58   |
| 384 | George Armstrong    | Haddington ELP      | 53:10   |
| 385 | Colin Jarvie        | Calderglen H        | 53:19   |
| 386 | Graham Bennison     | Fife AC             | 53:39   |
| 387 | James Drummond      | Central AC          | 53:41   |
| 388 | Richard Hodelet     | Greenock Glenpark   | 53:49   |
| 389 | Alex Bell           | Ferranti AAC        | 53:59   |
| 390 | Matt Bankhead       | Ferranti AAC        | 54:08   |
| 391 | Stuart Irvine       | Garscube H          | 54:14   |
| 392 | Jim McLoone         | Kirkintilloch Oly   | 54:25   |
| 393 | Kenneth Daniels     | EZ Carnegie         | 54:32   |
| 394 | Alastair Robertson  | Fife AC             | 54:46   |
| 395 | Douglas Henderson   | Ron Hill Cambus     | 54:53   |
| 396 | Gary Barker         | Fife AC             | 55:27   |
| 397 | David Bauchop       | Perth Road Runners  | 55:42   |
| 398 | Tom Tracey          | Inverclyde AC       | 56:08   |
| 399 | Ian McManus         | Irvine AC           | 56:16   |
| 400 | Malcolm Buchanan    | Calderglen H        | 56:42   |
| 401 | Ross Bankhead       | Ferranti AAC        | 57:45   |
| 402 | Andrew Turnbull     | Westerlands CCC     | 58:05   |
| 403 | Ian Marshall        | Hunters Bog T       | 58:17   |
| 404 | Edgar Ramage        | East Kilbride AAC   | 59:17   |
| 405 | David Kerr          | Irvine AC           | 1:00:16 |
| 406 | James Robertson     | Milburn Harriers    | 1:02:35 |
| 407 | William Drysdale    | Law & District      | 1:03:29 |
| 408 | James McIntyre      | Milburn Harriers    | 1:10:35 |

## Teams

|    | <i>Club</i>          | <i>Positions</i> |     |     |     |     |     | <i>Total</i> |
|----|----------------------|------------------|-----|-----|-----|-----|-----|--------------|
| 1  | Ron Hill Cambus      | 7                | 10  | 15  | 20  | 21  | 22  | 95           |
| 2  | Shettleston Harriers | 4                | 11  | 23  | 25  | 41  | 53  | 157          |
| 3  | Fife AC              | 3                | 12  | 31  | 35  | 66  | 73  | 220          |
| 4  | Phoenix Racers       | 1                | 17  | 28  | 55  | 69  | 89  | 259          |
| 5  | Hunters Bog T        | 2                | 6   | 19  | 62  | 71  | 117 | 277          |
| 6  | Central AC           | 14               | 50  | 52  | 67  | 96  | 98  | 377          |
| 7  | City of Edinburgh    | 16               | 57  | 77  | 80  | 81  | 105 | 416          |
| 8  | Dundee Hawkhill      | 9                | 43  | 64  | 82  | 116 | 128 | 442          |
| 9  | Irvine AC            | 8                | 13  | 46  | 103 | 133 | 139 | 442          |
| 10 | Corstorphine AAC     | 32               | 36  | 74  | 83  | 91  | 173 | 489          |
| 11 | Kilbarchan AAC       | 5                | 59  | 60  | 94  | 101 | 282 | 601          |
| 12 | Lothian RC           | 78               | 79  | 85  | 110 | 146 | 154 | 652          |
| 13 | Metro Aberdeen       | 42               | 61  | 123 | 124 | 144 | 196 | 690          |
| 14 | Calderglen H         | 72               | 76  | 108 | 121 | 150 | 167 | 694          |
| 15 | Clydesdale Harriers  | 24               | 39  | 134 | 151 | 178 | 183 | 709          |
| 16 | Victoria Park AAC    | 48               | 49  | 92  | 159 | 176 | 186 | 710          |
| 17 | Aberdeen AAC         | 18               | 63  | 86  | 143 | 203 | 219 | 732          |
| 18 | EZ Carnegie          | 95               | 99  | 127 | 132 | 163 | 169 | 785          |
| 19 | Falkirk Victoria H   | 58               | 84  | 138 | 202 | 210 | 263 | 955          |
| 20 | Gala Harriers        | 87               | 153 | 170 | 171 | 197 | 267 | 1045         |
| 21 | Bellahouston H       | 122              | 148 | 155 | 185 | 193 | 252 | 1055         |
| 22 | Perth Road Runners   | 104              | 118 | 182 | 220 | 225 | 226 | 1075         |
| 23 | JW Kilmarnock        | 27               | 145 | 194 | 200 | 243 | 277 | 1086         |
| 24 | Ayr Seaforth         | 51               | 75  | 205 | 230 | 261 | 321 | 1143         |
| 25 | Greenock Glenpark    | 65               | 137 | 141 | 209 | 262 | 335 | 1149         |
| 26 | Giffnock North       | 106              | 130 | 157 | 244 | 266 | 270 | 1173         |
| 27 | East Kilbride AAC    | 70               | 126 | 223 | 297 | 330 | 404 | 1450         |
| 28 | Westerlands CCC      | 136              | 166 | 269 | 300 | 356 | 402 | 1629         |
| 29 | Ferranti AAC         | 214              | 250 | 258 | 273 | 311 | 327 | 1633         |
| 30 | Garscube H           | 175              | 188 | 221 | 296 | 378 | 391 | 1649         |
| 31 | Inverclyde AC        | 68               | 227 | 307 | 308 | 344 | 398 | 1652         |
| 32 | Milburn Harriers     | 237              | 315 | 323 | 377 | 406 | 408 | 2066         |